

"Things don't change

-we change."

Henry David Thoreau

Changing Lives

Chemical Addiction is a progressive and terminal disease, but it can be treated successfully, especially when the disease is identified and treated at an early stage.

Chemical Addictions Recovery Effort (CARE), Inc, is dedicated to providing co-occurring and trauma informed prevention, education, intervention, treatment, and recovery services to assist individuals suffering from substance use disorder and their family change unhealthy behaviors and improve their lives.

CARE offers a full range of clinically supervised services for all age groups. Our trained and dedicated staff is available to help individuals and their families evaluate their need for treatment. CARE includes family members because we realize substance use disorders can be as devastating to those close to the substance user as it is to the one who has the disease. Involvement with Alcoholics Anonymous (A.A.), Narcotics Anonymous (N.A.), and other support groups is an integral part of the treatment process at CARE. Services are also coordinated with other community organizations.

CONTACT

Administration
910 Harrison Ave.
Panama City, FL 32401
(850)308-7219

AWARE
2388 W. Park Ave
Alford, FL 32420
(850) 579-1001

Bartels Wellness Center
3407 N East Ave
Panama City, FL 32405
(850) 740-3432

Child Welfare Integrated
Treatment Services
(850)308-7219

Gulf Outpatient
302 W. Third St.
Port St. Joe, FL 32456
(850)227-9567

Holmes Outpatient
103 E Montana Ave Unit C
Bonifay, FL 32425
(850)547-5017

Medication Assisted
Treatment Services
Suboxone (850)628-8788
Vivitrol (850)872-7676

Prevention Programs
(850) 526-3002 x100

Bay Outpatient
3230 E 15th Street
Panama City, FL 32401
(850)747-5456

Calhoun Outpatient
20859 Central Ave E
Blountstown, FL 32404
(850)674-8846

Detoxification
4000 E 3rd St.
Panama City, FL 32404
(850)872-7676

Healthy Start
of Jackson County
(850)526-3002

Jackson Outpatient
4150 Hollis Dr.
Marianna, FL 32446
(850)526-3133

14th Judicial Circuit
DUI Program
2230 N. East Ave.
Panama City, FL 32405
(850)872-7730

Website: www.pcdui.com

CARE, Inc

Chemical Addictions
Recovery Effort, Inc



- Prevention
- Intervention
- Treatment
- Recovery

www.care4000.com



An affiliated agency of



United Way
of Northwest Florida

CARE is Understanding

CARE believes that to prevent the misuse of mood altering substances, comprehensive education is necessary for individuals at risk, as well as the members of the general public.

CARE is committed to providing prevention programs to the community to generate a better understanding of the nature and effects of substance use. Some of the services provided by CARE include:

- **ALPHA Programs** - School programs that target at risk youth in grades 1-4 which include individual counseling and group sessions.
- **Prevention Programs** - Comprehensive educational programs designed for the needs of schools, churches, hospitals, civic organizations, and clubs are available upon request.
- **Employee Assistance Program (EAP)** - provides employers with assistance in establishing a program to resolve job performance problems in a positive and cost-effective way.

Medication Assisted Treatment Services (MAT) utilizes FDA-approved medications, in conjunction with counseling, to those seeking treatment for opioid/alcohol use disorders. MAT offers assistance with the withdrawal symptoms and cravings associated with opioid/alcohol dependence to allow the individual to engage and focus on their recovery.

MAT is a very effective treatment option and we are excited to be able to remove the cost barrier and offer you this service at no cost.

CARE is Responsibility

CARE recognizes a key component of recovery is for individuals to accept responsibility for their actions while under the influence of alcohol and/or other drugs. In cooperation with the judicial system, CARE integrates individual and group counseling to educate offenders on the effects of substance use not only on the individual, but on the family and society. Some of the programs offered include:

- **14th Judicial Circuit DUI Program** - Level I and II courses covering the law, effects of substance use on driving ability, and small group discussions addressing decisions and behaviors that contribute to a repeat offense. www.pcdui.com
- **Drug Court** - a positive, innovated, and cost-effective approach to helping individuals who have a history of substance use and are involved in the court system. The program is an intensive three phase out-patient program involving both treatment and judicial components. The program is approximately one year in length and is by Drug Court team admission only.
- **Special Supervision Services** - Hardship provision that allows individuals with a five or ten year license revocation to apply for a hardship license contingent upon completion of the DUI Program, substance use treatment, and refraining from alcohol or other drugs and driving for an established time period.
- **Ignition Interlock Program** - a device is court ordered to be installed on one's vehicle and requires the driver to provide a breath sample each time the vehicle is started and periodic tests during the drive.

*Recovery is about progression
not perfection*

CARE is Support

CARE has been meeting the needs of the community for DETOX and residential treatment since 1972. Current programs include:

- **Primary Care (DETOX)** - The DETOX unit is staffed 24 hours a day by nurses and an on-call physician. Clients are kept medically stable during withdrawal with minimum medication during a usual stay of three to nine days. DETOX staff educates and encourages clients to continue with outpatient or residential treatment.
- **A Women's Addiction Recovery Effort (AWARE)** - AWARE is a residential program for women only, providing educational and therapeutic services in an environment that stimulates personal growth and awareness.
- **Bartels Wellness Center** - Men's residential program designed to stimulate personal growth, promote wellness, and recovery. Utilizes 12-step support groups, vocational training, and educational groups in addition to therapeutic services.

CARE is Hope

Care is committed to helping individuals maintain long-term sobriety by providing counseling services and encouraging clients to continue with support groups including AA and NA. Serving both adolescents and adults, outpatient and residential services assist clients who seek treatment on their own accord or by referral from other agencies. CARE works closely with other agencies including the Department of Children and Families, Department of Juvenile Justice, DUI Program, and Department of Corrections. **Outpatient Services** provides comprehensive co-occurring assessment and treatment services in six counties for adults and adolescents experiencing substance use and/or mental health problems. Services include counseling, anger management, batterers intervention, parenting skills, mental health assessments, and theft prevention. Outpatient utilizes evidence based curriculum and practices as well as trauma informed care.