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PROGRAM DETAILS

What can we do for you to enhance your quality of life?

Florida Assertive Community Treatment Team Details

FACT helps clients care for their basic needs—taking medications, getting up, and getting through the day. We can also help clients find housing, apply for food stamps, return to school, or get a job. The goal of the program is to lessen or eliminate the debilitating symptoms of mental illness experienced by individuals so that they can become productive members of our community.

Other Services INCLUDED:

- Managing Medication
- Making and Keeping Medical Appointments
- Accessing Transportation
- Budgeting
- Mental Illness Education and Support
- Individual and Group Therapy

We understand.
It isn't always easy.
We're here to help.



Life Management Center
Of Northwest Florida Inc.

REACH OUT:

850-522-4485

or visit us at LMCcares.org

Bay County

525 East 15th Street
Panama City, FL 32405
Ext. 8443

Gulf/Calhoun

311 Williams Avenue
Port St. Joe, FL 32456
Ext. 3001

Holmes/Washington/Jackson

4094 Lafayette Street
Marianna, FL 32446
Ext. 4310

Find us on:



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SERVING BAY, CALHOUN, GULF, HOLMES, JACKSON & WASHINGTON COUNTIES



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FACT

FLORIDA ASSERTIVE COMMUNITY TREATMENT

Intensive treatment and services for people with serious mental illness.

Find help at:

850-522-4485



Life Management Center
Of Northwest Florida Inc.

FLORIDA ASSERTIVE COMMUNITY TREATMENT (FACT)



What is FACT?

Florida Assertive Community Treatment, or FACT, is a way of delivering a full range of services to individuals who have been diagnosed with a serious mental illness. FACT uses a multi-disciplinary, team-based model of service. The goal of FACT is to give support and care to help program participants have a life that isn't dominated by mental illness, to decrease the time spent in hospitals, and to increase and enhance their quality of life.

“Through support from the FACT team, most people experience less contact with law enforcement and less need for crisis response or hospitalization.

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What we DO

The FACT team consists of a team leader, psychiatrists, psychiatric nurse practitioners, mental health clinicians, nurses, case managers, vocational specialists, and peer support working collaboratively to deliver support integrated with medical, behavioral, trauma, and substance abuse interventions that focus on rehabilitation and recovery.

Some of the diagnoses we work with include:

- Schizophrenia and other Psychotic Disorders
- Bipolar and Related Disorders
- Depressive Disorders
- Anxiety Disorders
- Obsessive Compulsive and Related Disorders
- Dissociative Disorders
- Personality Disorders

What to EXPECT

FACT provides intensive treatment, rehabilitation, and support services for adults with severe and persistent mental illness. Many of those served by FACT have histories of repeated hospitalizations, admissions to state hospitals, multiple emergency room visits, homelessness, or incarceration.

Services are provided in a location convenient for the client, including homes, work sites, jails, hospitals, and community settings. FACT services are available 24 hours a day, 7 days a week. Someone is always available to handle emergencies.

Desired OUTCOMES

- Lessen or eliminate the symptoms of severe mental illness.
- Prevent or decrease hospital admissions.
- Divert participants from the criminal justice system to prevent incarceration.
- Establish employment and improve social functioning.
- Meet basic needs and increase quality of life
- Help participants live independently in their community.

Treatment ELIGIBILITY

To be eligible for FACT, program participants must live in Bay County and meet eligibility requirements, including:

- Have been diagnosed with mental illness and are experiencing significant functional challenges.
- Have a history of frequent or lengthy psychiatric hospitalizations with their current level of outpatient treatment.
- Have difficulty taking care of basic needs due to mental health/substance use or co-occurring disorders.