

Frequently Asked Questions for Families

1. Does virtual care work?

Yes! The data we have gathered in the Bradley REACH program show teens in our virtual programs experience just as much improvement as teens in our in-person programs.

2. Do I need to be home to supervise my child?

Safety is our first priority, and it is often helpful to have an adult at home, particularly during the first days of treatment. Some teens are able to participate in a program at home alone as long as there are not immediate safety concerns. The team will always have parents' and other emergency contact details.

3. Will my child miss school?

Teens in the partial do take time out of school to participate. Most teens, we find that taking time out of school to focus on their mental health creates benefits that enable them to return to school and do better for the rest of the school year. The Bradley REACH team works closely with your child's school to ensure they keep up on key schoolwork, including time during program to support this. We also coordinate closely with schools to provide a smooth transition and supports as teens discharge from program.

4. What if there is an emergency during the program?

We make an emergency care plan for all teens, with parents and other contact details, and an ability to contact local mobile crisis teams and/or emergency departments.

5. How will I be involved in my child's care?

Family involvement is at the heart of our program. All teens participate in family therapy sessions, and we give families regular updates on their child's progress throughout the program. One of the advantages of virtual care is that it makes it much easier for families to participate since families can participate in therapy sessions flexibly and from different locations during the working day.

6. What happens at the end of the program?

We discharge your child from the program based on their individual needs and progress. As we approach the end of your child's time in the program, we work closely with schools, outpatient and other providers to build on the gains that your child has made during the program. We follow up with all our patients one month after they leave the program to check in on progress.

Visit our website www.bradleyreach.org or email bradleyreach@lifespan.org.